

B1. Вы услышите 5 высказываний. Установите соответствие между

высказываниями каждого говорящего А-Е и утверждениями,

данными в списке 1-6. Используйте каждое утверждение из списка

1-6 только один раз. В списке 1-6 есть одно лишнее

утверждение. Вы услышите запись дважды.

1. The speaker explains why he/she likes cooking.

2. The speaker explains what healthy food is like.

3. The speaker explains why he/she gave up diets.

4. The speaker talks about his/her favourite food.

5. The speaker believes that vegetarian food is healthy.

6. The speaker tells us where he/ she buys food.

□ Speaker A □

Home-made dishes are nice but they may be unhealthy, too. If you are seriously concerned about your health and weight, your food shouldn't contain fat, butter, sugar and potatoes. Fried and spicy food doesn't fit either. Things like sweets, cakes and ice cream should be removed from your table too. At first, it's not easy to live on a diet of stewed vegetables, green salads and cereals, but you'll get used to it.

Speaker B □

My mum cooks very well and I usually buy everything she needs for it. We don't like preserved food from supermarkets. I usually go to little shops that sell fresh milk products and local fruit and vegetables. We

like fish but I seldom buy frozen fish fingers. I go to the shop which sells fish from a fish farm. It takes longer, but it's worth it. Mum says that you can't make a good dish from unhealthy and stale ingredients and I agree with her.

Speaker C

I like cooking and try to make the food for my family as diverse as possible. It's not easy as my children do not eat food that contains meat. This makes my life a bit more complicated but I don't try to change their eating habits. They are in perfect health and probably the diet of fruit, vegetables, cereals and nuts does them nothing but good. Actually, I want to become a vegetarian myself. It'll keep me slim and save time.

Speaker D

My mum is a fantastic cook and one day I found out that I couldn't wear my favourite jeans anymore. I decided to go on a diet. On the third day of my fruit and cereals diet I wasn't able to think about anything but food. The delicious smells from the kitchen made me feel as hungry as a wolf. I ran to the kitchen and had roast chicken with fries and olives. I think diets don't work for me.

Speaker E

My granny likes cooking and I'm always glad to help her. When we are in the kitchen together, it reminds me about the good old times when I was a little kid and Granny treated me with her fantastic cakes and pies. My friends don't believe me when I say that the best way to relax and forget about worries is to go to the kitchen and try a new recipe. It

sounds strange but it really works for me.